

Food Resilience Stroud Area Sessions 1-3 (things might be repeated as I go through the notes I have)

Week 1

David Drew is looking for landowners for food/medicine/habitat/diversity etc.

First steps: finding/accessing land owners.

In Scotland GPs are prescribing nature for mental/emotional health – this must happen and we are part of it. Make use of this.

Groups – council, medicine, mental health

What is the scale of our projects?

Area? Just Stroud or Stroud area or knitted areas (eg Nailsworth to Painswick etc.)

Agroecology

Next steps:

List of demands

Make it sexy – is more appealing to the masses

Bigger push for SDC to do more!

Communal allotments – share the work

Vision boards – shared skills

Need: scale, groups, shared skills

Unified scheme (confused at the moment) - create purpose/mission statement

Affordable, quality, local food

Community, connection, security

COUNTY COUNCIL IS SELLING FARMS OFF – WE NEED TO ENQUIRE FAST!

How many publically owned farms are there in this area?

Land prices are inflated (400% in last 20 years?)

People already have land – who, where, why?!

Skills and funding to access land

How do people live by giving food away?

Permablitzing/herblitzing – days sorting out small areas as a team with G&Ts after (I added that last bit...)

LWA (landworkers association) - get help from them. Check out Monkton Wylde and Off Grid book for help with self-sufficiency

The precedents are there.

Acknowledgement that is desirable to repopulate to the countryside, that the gov wants more houses! Eco communities etc. One land (?) Welsh scheme to buy land and live off grid making use of the land.

We will go through difficult stages as a group – let's work these out! For the sake of the future!

What have folk got/are interested in?

(From Ames' group)

Red – small scale, smallholding, community

Cathy – interested in all, keen to influence people who already farm

Claire – garden, community

Jaine – large scale, apothecary, community

Kit – 2-3 acres, vision, need

Hereward – 1 acre, community

Ames – small, overseeing apothecary, scattered/network apothecary

Natasha – own smallholding, needs help organising

Mentors to speak

Case studies demonstrated

Infrastructure

Contacts: Dilly Transition Stroud, Josie Edible Stroud and Helen in Whiteshill does permaculture (P/C) gardens and tours of her garden

Week 2

Core values of group:

Reciprocity

Symbiosis

Respectful

Empowering

Joy

Zero waste

Radical

Inclusive

Educative

Care

Regenerative

Earthcare

Outreach – get subsidies, funding, community

Purpose:

Preserve life

Increase biodiversity

Integral relationship between humans and all other life

Increase understanding

Low carbon economy

Reduce transportation

To become self-reliant

Free/cheaper food for locals

Example model to roll out

Shift in consciousness

Community

Food security

Being able to buy nourishing, sustaining, cheap non-plastic food

Connection

System/network of different levels of growing

Increase soil health and biodiversity
Increase rewilding
Help other already existing initiatives

Other things: community hub, land access – affinity groups
Land surveys – call eg. GWT (Glos. Wildlife Trust)

Week 3

Work out things like becoming a CIC (community interest company)
Mission statement – we need one

Projects people have done, want or have going on:

Sid – 1 acre, intensive farming, give away all food – for the bigger picture of (can't remember what you said Sid!)

Dom – mushroom, hub – social, food prep, food preservation, town

Jasmine – Farming, research, wildlife group, research connections, survey, mapping, podcast

Sam – chef; education reform (game?), non-capitalist, changing focus of achievement, street garden – sharing, land redistribution

Yvonne – contact in GWT, trained in wildlife something (sorry, Yvonne – can't remember if it was management or other!), allotment, networking

Helen – networking

Jenny – community sharing, accessibility, herbs

Catrina – teacher, education projects in schools etc

Kit – SCA, own place with veg (hopefully) – acquiring of land = easy – small parcels unused NOW; friend Paul may be able to offer session on NVC (non-violent communication)

Miranda – helps people to grow food

Bernie – Horsley small smallholding which is flat. Decommodification of food, food for free, custodians of nature/process; crop sharing scheme; University ecology dept poss useful

Jo – has a garden but skills to offer are children's resilience, connection to land, group dynamics, conflict resolution for community projects

Red – person in oxford mapped apple trees. Here Down to Earth and SVP have some projects like this – need to meet with other groups

Jeannie – trying to get projects going – mapping land. Not blundering in and making things worse – use skilled folk to assess and have a system of land assessment.

Claire – raised beds, kids, connection, Olio system – reduce food waste and Too Good To Go, community canteen

Main 3 groups:

STRUCTURE – research, land access, mapping, acquisition

COMMUNITY – hubs, outreach, network, joy, communicating, networking

LAND – growing, veg, herbs, biodiversity, trees etc.

More:

Organise

Education

Envision

TO DO:

Dom – website/online presence avoiding big companies

NAMES: need to choose

Radicle Resilience

Radical Resilience

Rooted Resilience

Resilience

Resilience Rebellion

Edible Rebellion

Radical/radicle regeneration

Deep roots

Deep Rooted Resilience

Plus the others on the sheet Nick did!

Choose!

Thanks Sam for the chocolate

Send your project paragraphs to Dom - dominic@mundusloci.org

Eg. I am Ames and I have a herbal project.....

Blessings!